

The RS-virus is the most common virus caused by a cold, with children. Infection with the RS-virus often only leads to a mild cold. Most infections with the RS-virus are mainly seen in the autumn and winter months. In adults and children, the virus generally leads to a mild cold. Infants between one and six months, however, will be a lot more ill.

Symptoms

In babies, the infection with the RS-virus starts with:

- A cold accompanied by coughing, sneezing, a runny nose and a slight fever.

Within about two weeks most babies are rejuvenated again. In some babies, however, the lower respiratory tract is affected which could create a bronchitis or pneumonia. This can cause breathing problems, to be identified by:

- a rapid apprehensive breathing
- becoming a little blue caused by high breathlessness
- problems with feeding.

There can occur situations in which case it is advisable to visit your doctor. Depending on the situation, you can make an appointment for consultation or call a doctor in duty straight away for consultation.

You should make an appointment for your child to the doctor without emergency in case:

- your child is under three months and has a fever of more than 38 degrees
- your child is over three months and has a fever of more than 38 degrees for over three days, and/or
- your child is under two years and seems to have ear trouble, and/or
- your child is under six years old and drinks less than half of the drinking he is used to do
- your child has a recurrent fever of over 38 degrees

The above symptoms might indicate a complication of the cold. It is important your child is seen by a doctor.

You should make an appointment for your child to the doctor **urgently** in case:

- your child is drowsy and not responding well to the environment, and/or
- your child is weak, crying in a moaning way and is not to be consoled, and/or
- your child is in distress, and/or
- your child has spots or is suffering from tiny bleedings of the skin and is thereby very ill, and/or
- your child is suffering a lot when lifting up his legs during changing.

These symptoms may indicate a serious complication of the common cold. Does your child have other symptoms you do not trust or in case you are very worried, you should also consult your doctor.



